

Give practical and emotional support to all your staff



Employee Assistance Programme

We're all human and challenges in life or at work can reduce our wellbeing and effectiveness.

What if you could give your staff a **sympathetic ear**, and the information they need to move forward, just at the right time?



'The staff feel that the Employee Assistance Programme supports their wellbeing and they can get support for all kinds of daily issues.'

*Heather Phillips, Headteacher,
Blakesley Hall Primary School*

We were established by teachers, for teachers over 140 years ago. Whatever challenges your team is facing, we provide real solutions.

Support is available **24/7**, and school staff can quickly access a range of emotional and practical help, including:

- A range of clinically robust counselling options including telephone, online or face-to-face sessions, and a mindfulness module
- A dedicated coaching service for line managers, aimed at developing soft skills and building confidence for handling challenging situations
- Financial, legal and practical support from qualified professionals on a range of personal issues
- Access to online health and wellbeing resources and a specialist information service



Show your staff that you take their mental health and wellbeing seriously, by investing in the Education Support Employee Assistance Programme.

Your school will benefit from:

- Improved staff retention, reduced sickness absence and less presenteeism
- Improved organisational efficiency and enhanced management capacity
- Colleagues who are confident that you care for their welfare and meet your duty of care for their mental health



‘I would be happy to recommend it and have done so already. It’s a service that’s focused on the teachers. I think it is money well spent.’

Barry Yeardsley, *Headteacher,*
Lyndon Green Infant School

Make an enquiry: [educationsupport.org.uk/eap](https://www.educationsupport.org.uk/eap)
or email enquiries@edsupport.org.uk

Supporting teacher and education
staff wellbeing for 145 years



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